



Book Review

Diseases of Ear, Nose and Throat

Author: Mohan Bansal

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Review by: Dr. Prakash Kafle

The book "Diseases of Ear, Nose and Throat" written by Mohan Bansal is a good textbook on Ear, Nose and Throat and Head and Neck Surgery. It is a comprehensive and broad scope book for undergraduate students but is also useful for post-graduate residents and practitioners.

The book has nine sections broken up into a total of 63 chapters that cover basic sciences, various diseases of ear, nose, paranasal sinuses, oral cavity, salivary glands, pharynx, oesophagus, larynx, trachea and neck. The last two sections also discuss on operative procedures, instruments and other topics of related discipline.

The book is written in reader-friendly manner, with each chapter beginning with systemic overview of the content that follows. The text is presented in simple language with brevity and conciseness, yet providing adequate details of the subject matter as is required for the target readers. Apart from content, format of presentation also deserves appreciation. The author has included instructive boxes, tables, flow charts, line diagrams and photographs that ease and enhance learning. Particularly, the tables and flow charts nicely summarise the text and present complex data in a simple manner. Points on clinical application have been highlighted,

which is another strong point of the book. At the end of each chapter, the author has provided references for further reading that enables readers to plunge deeper into the subject matter if they are interested.

Of the various sections, I personally find the section on Neck the best one. The chapters are concise, informative and planned in a smooth way. The section on Operative Procedures and Instruments is not well-tailored and could have been much better.

The best part of this book is balanced presentation of contents and emphasis on practical features of clinical diagnosis and management. The only shortcoming of this book is lack of recent advances in this ever-growing field such as immunotherapy, LASER therapy, Robotic surgery etc.

Talking about the technical aspects, the layout, colour combination and print look very good.

In short, the author has put all his effort to make this book a good one. I think the book will fulfil the need of a good textbook of ENT and HNS for undergraduate students. In my opinion, it will also be very helpful for post-graduate residents, registrars and practising ENT surgeons.