

An Official Publication of Kathmandu Medical College

Indexed, Peer-Reviewed, Open-Access, Quarterly, Medical Journal

Volume 12 · Number 4 · Issue 46 · October-December 2023

Editor-in-Chief

Abhinav Vaidya

Executive Editor

Sujaya Gupta

Managing Editor

Shreyashi Aryal

Deputy Managing Editor

Ashik Rajak

Publication Editors

Beena Jha Binaya Shrestha Iju Shrestha Narayani Paudel Preeti Singh Sanjaya Mani Dixit

Scientific Editors

Deepak Kumar Roy Natalia Oli Pratibha Khanal Sabitra Paudel Smriti Mathema

Assistant Editors

Aayusha Suwal Shirjan Gautam Apeksha Bista

Chief Editor Emeritus

Manindra Ranjan Baral

Patron

Ratindra Nath Shrestha, Principal

Submission of Manuscripts

Manuscripts are to be submitted via the submission portal on the journal website after registering an account. Please visit https://www.jkmc.com.np for more detailed information for submitting manuscripts.

Contact

Office of Journal of Kathmandu Medical College, Kathmandu Medical College, 184 Baburam Marg, Sinamangal, Kathmandu, Nepal. P.O. Box: 21266, Kathmandu, Nepal.

Email: editorjkmc@kmc.edu.np

Phone: +977-1-4469064; Fax: +977-1-4477920.

Design and Print

Aman Shrestha

Web Design

Puffy Clouds Design House https://puffycloudsdh.com

Disclaimer: The ideas and opinions expressed by authors or articles summarised, quoted, or published in full text in this journal represent only the opinions of the authors and do not necessarily reflect the official policy of Journal of Kathmandu Medical College or the institute with which the author(s) is/are affiliated, unless so specified. Neither JKMC Editorial Board nor Kathmandu Medical College shall be held responsible, under any circumstances, for any loss or harm due to information provided in JKMC.

Copyright © 2023 by Kathmandu Medical College









Contents



Editorial

 Computer-based dental and medical simulation: A future perspective Singh P, Adhikari B, Gupta S

Original Research Articles

- Prophylactic abdominal drain- Assessing the timing for avoidance based on fistula risk score in pancreaticoduodenectomy
 - Maharjan DK, Pandey P, Regmee S, Limbu Y, Ghimire R, Thapa PB
- Effects of the intramuscular administration of dexamethasone after the surgical extraction of impacted teeth
 - Twyana R, Dahal S, Poudel P, Roy DK, Gupta S
- Comparison of pain intensity between lidocaine gel and intrauretral tramadol with lidocaine gel during rigid cystoscopy in men
 - Paudyal P, Dongol UMS
- Prevalence of eve teasing and its effects on school going adolescent girls of eastern Nepal Rijal U, Shrestha R, Tuladhar J, Poudel S, Khanal P
- Depression, anxiety and stress among pregnant women of Pokhara during COVID-19
 Pahari SP, Khadka S, K.C. D, Parajuli A, Kafle A
- Prevalence and pattern of colour vision defect among school students in Bhaktapur municipality
 Joshi K, Poudel M, Shrestha N
- Oral health myths among patients visiting a district level hospital in Eastern Nepal A cross-sectional study
 - Dahal A, Gyawali R, Dahal S
- Prevalence of dental caries and its association with sugar consumption and oral hygiene practices among children studying in government schools of Kathmandu, Nepal Sundas S, Dhakal N, Rai A, Joshi N
- Stress among Students of a Medical School: a descriptive cross-sectional study
 Rokaha PS, Regmi T, Pudasaini R, Regmi A, Rimal A, Raut S, Rai A, Ranabhat S, Raj S, Joshi M, Shrestha MV

Case Report

• Laparoscopic cholecystectomy in a patient with coronary artery disease: A case report Pradhan R, Lamichhane B, Laudari U, Parajuli A